



The HCA Northern Ireland Branch 2017 L&D Forum Charity Challenge

a Sponsored 'Pick and Mix of Sport'
in aid of: 'The Mary Peters Foundation'
and 'Cystic Fibrosis'

HCA 2017 L&D FORUM CHARITY CHALLENGE



**Cystic
Fibrosis...**

A FITTER FUTURE



Pick one or pick them all, search out your Sponsors, and complete the 'Challenge' wherever and whenever you like; on-road, off-road, a Parkrun*, a leisure centre, the open sea or in a pool. The choice is yours.

**TRI A LITTLE OR TRI THE LOT!
BUT MOST IMPORTANTLY, 'TRI'**

SPONSORSHIP INFO:

Promoting your 'fitter future' through engagement and networking opportunities, the L&D Forum's Sponsored 'Pick and Mix of Sport' is open to all HCA Members, their friends and their families. Please fill in the form, as indicated below.

YOUR NAME		Tel:		Email:		
Name of Sponsor	Address (for Gift aid) include postcode	Swim 750m	Cycle 25 miles	Run 5K	Gift Aid please tick	
Total amount raised					£	

Additional sponsors over...

Progress and pictures:

We will be following the progress of the event on the **Charity Challenge** section of **L&D Forum** website and via social networks. So please make sure that you send pictures of you taken during the event to **Lansdowne's Studio: artwork@lansdownepublishing.com**. The pictures need to be in a hi-res format – at a minimum of 300dpi, at least 6 x 4 inches.

Sponsorship Forms and Money raised:

On completion of the Cycle Challenge, please return your Sponsorship Form and Money raised to **The Forum Treasurer, Deborah McNeill**. Email: deborah.mcneill@setrust.hscni.net

Take this opportunity to get bitten by the Northern Ireland 'fitness bug', while supporting your HCA Forum Charity Challenge 2017.

Your fitter future starts right here...!



SEIZE THE MOMENT DELIVER THE FUTURE

HCA National Leadership and Development Forum 2017
6-7 April 2017 | Europa Hotel Belfast

ADDITIONAL SPONSORS

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Total amount raised					£