



*With a little  
help from  
my friends*

---

**HCA NATIONAL LEADERSHIP AND  
DEVELOPMENT FORUM 2016**

14 - 15 APRIL 2016 | ACC LIVERPOOL

---



# NHS IN CONTEXT

---

**The Right Honourable The Lord Hunt of Kings  
Heath OBE PC – Philip Hunt**

Shadow Deputy Leader of The House





## Why food is important for health (1)

---

- Malnourished patients in hospital stay longer and more likely to develop complications
- Malnourished patients visit GPs more often
- Dehydration a major concern
- Over consumption leads to overweight children and adults
- People who are overweight have higher risk of type 2 diabetes, heart disease and certain cancers

(Hospital Foods Standards panel-2014)





## Why food is important for health (2)

---

- Overweight and obesity affects NHS staff
- Over half of all food provided in NHS hospitals goes to staff and visitors
- Hospitals role as beacons of good practice to support staff making healthier staff choices
- Hospitals as major purchasers of food can put sustainability at heart of their work
- Many hospitals demonstrate these ideas in action, but patchy across the country

(Hospital Foods Standards panel-2014)







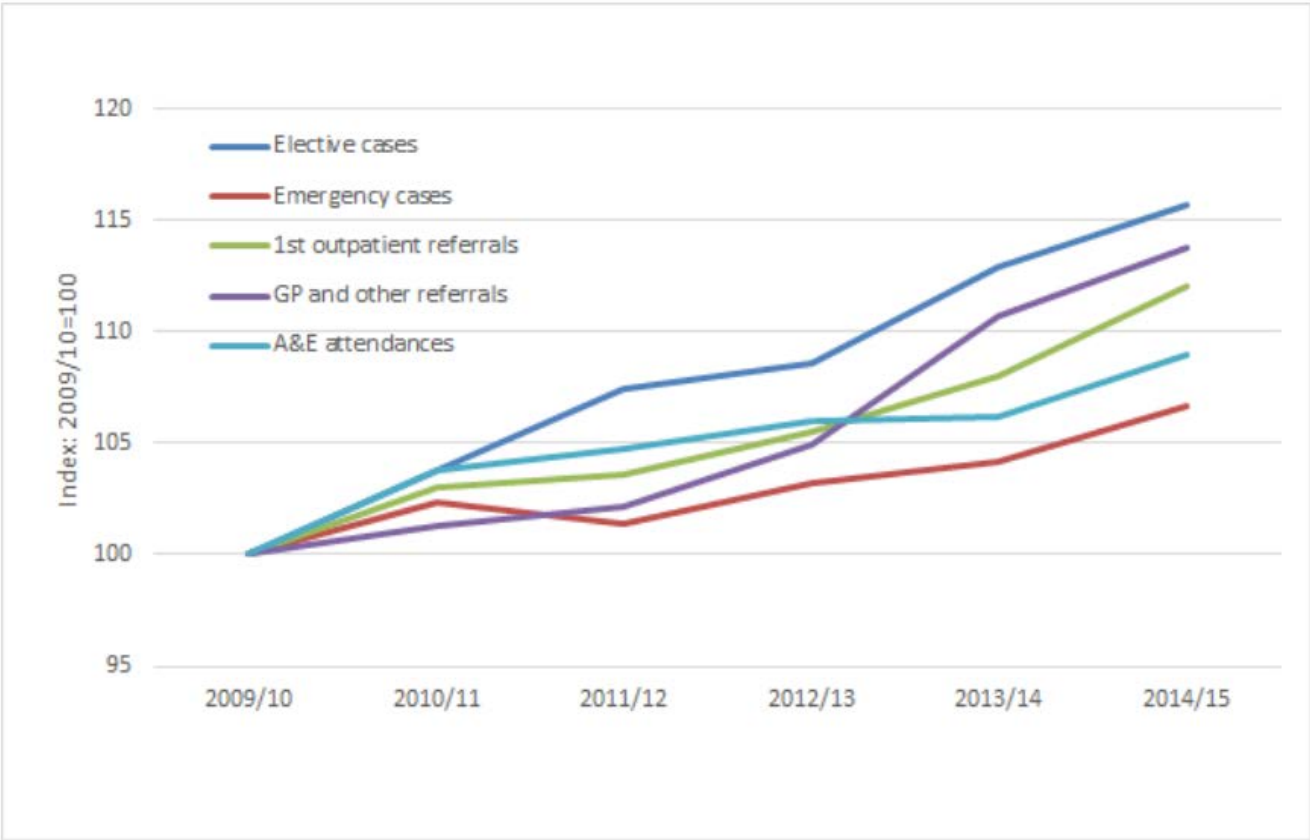
# Health inequalities and outcomes

---

- Life expectancy varies according to socio-economic factors
- 28 % of children aged 2 to 15 are overweight/obese
- 21% of boys and 16% of girls meet current physical activity guidelines
- 80% of adults don't hit national physical activity targets
- 19 % of adults smoke

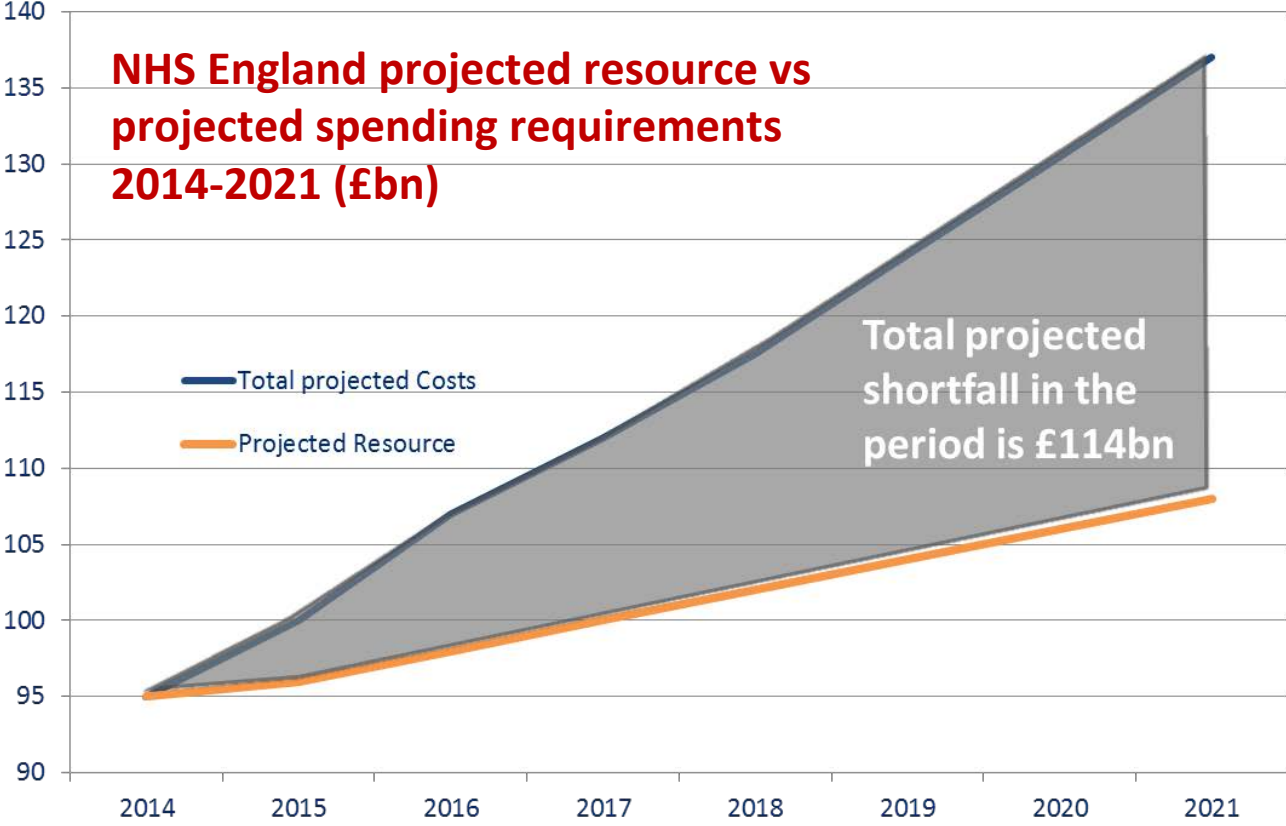


# Growth in the NHS





# Demand vs resource







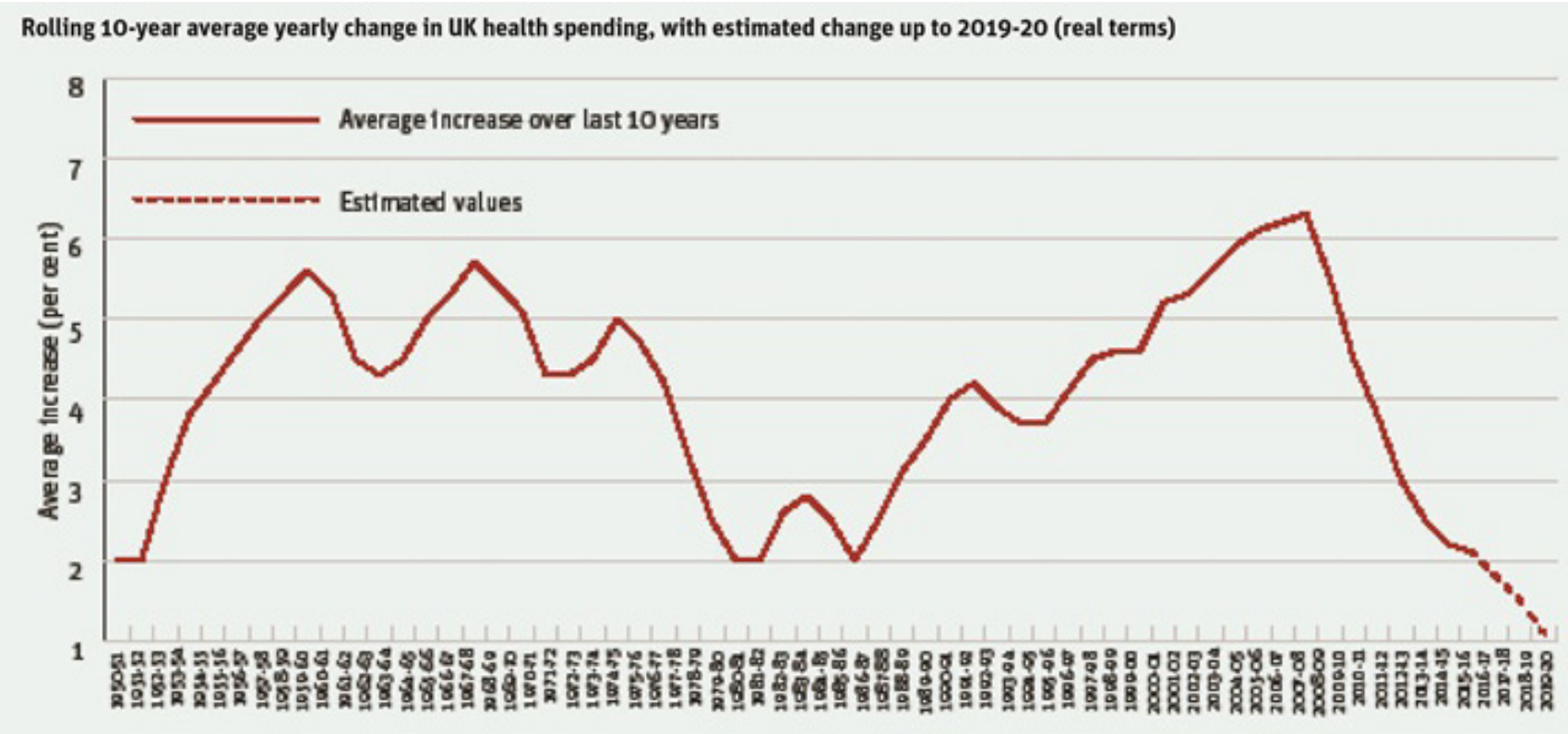
## The financial challenge

---

- NHS England forecast £30bn per annum extra needed by 2020
- Government has promised £8bn
- £22bn required per annum in efficiency savings by 2020
- Equivalent to productivity increase of 2/3% per year
- NHS L/T efficiency increase averages 0.8% per year



# Current financial squeeze

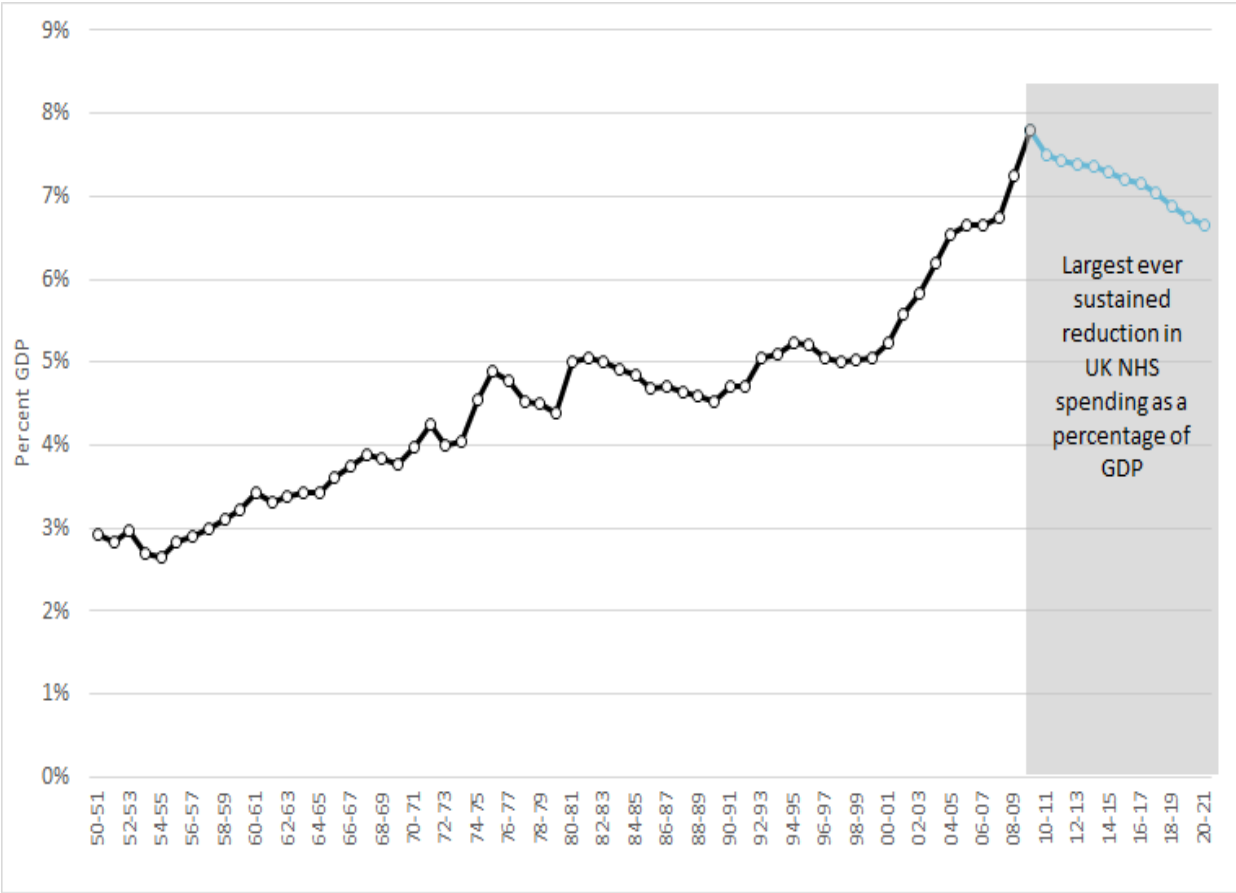


Source: Health Service Journal, 2015



# UK NHS spending % GDP 1950-2020

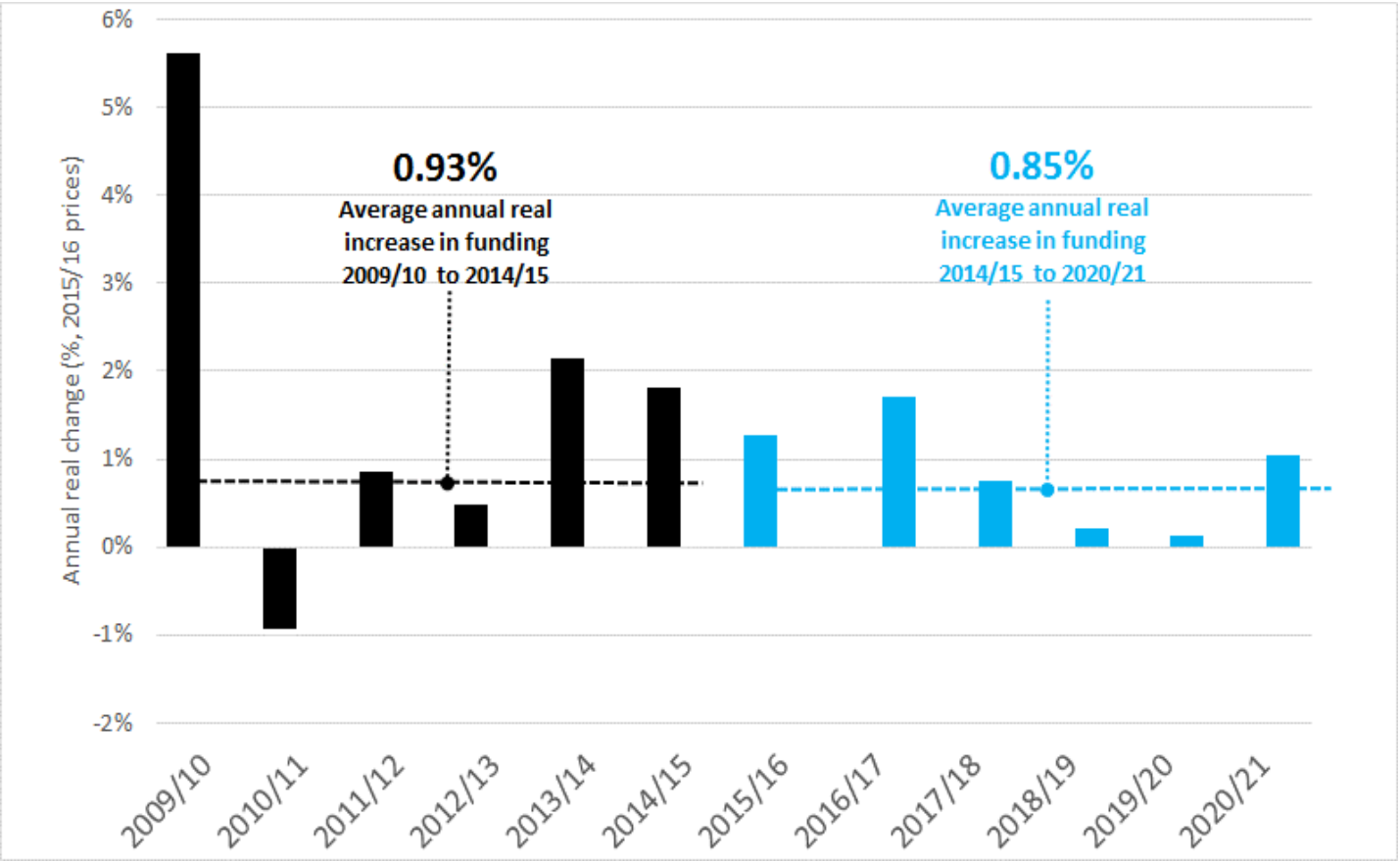
- King's Fund





# English NHS funding

- King's Fund




# Public accounts committee – financial performance of acute hospital trusts

---



- Financial health significantly worsened in last three financial years
- Total overspend in 2015/6 could rise to £2.5bn
- DH and NHS England not taken action soon enough to keep trusts in financial balance
- Target for trusts to achieve 4% efficiency savings across the board is unrealistic
- Much to do to produce the convincing plan necessary to get the NHS back into financial balance

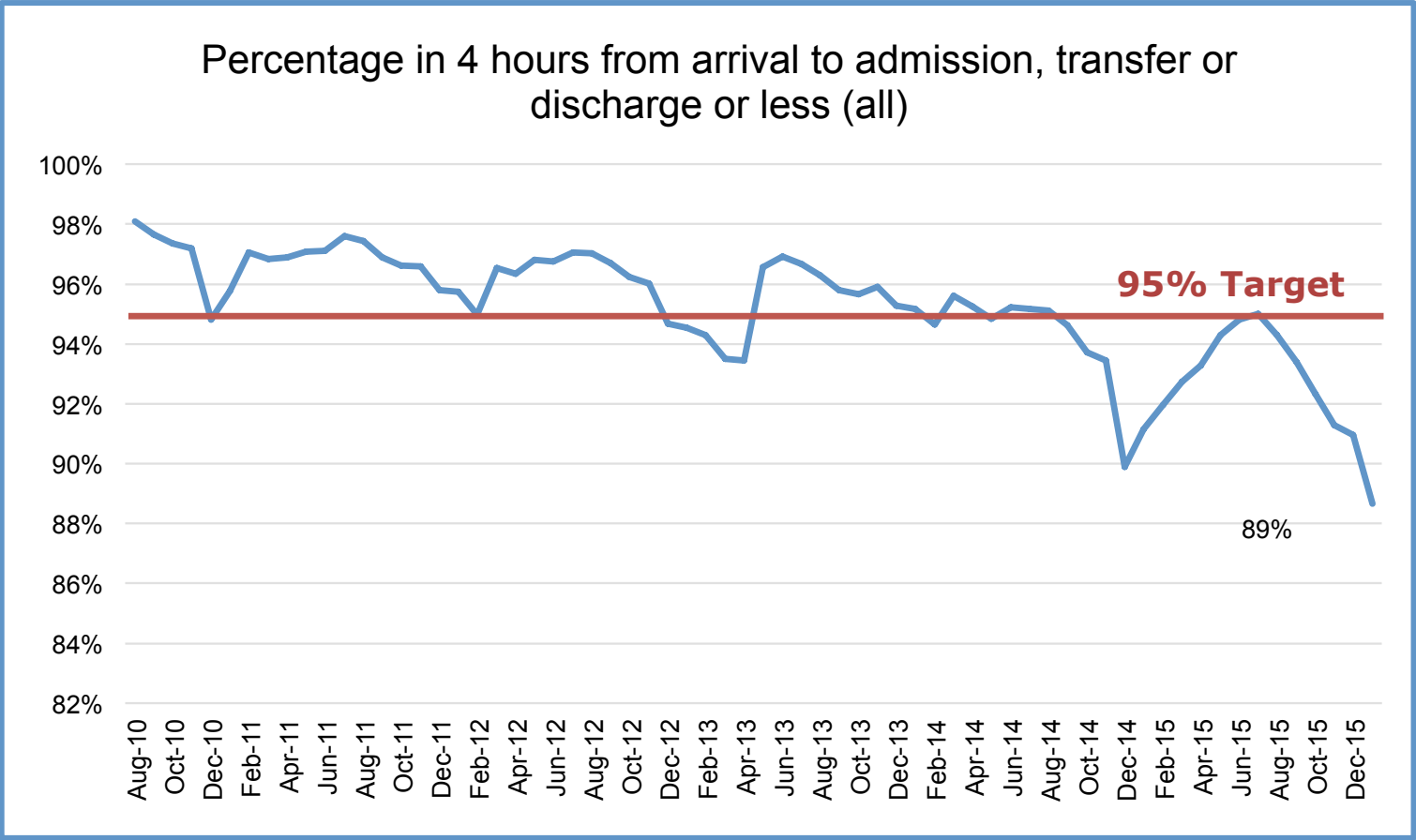
(March 2016)





# Combined performance data

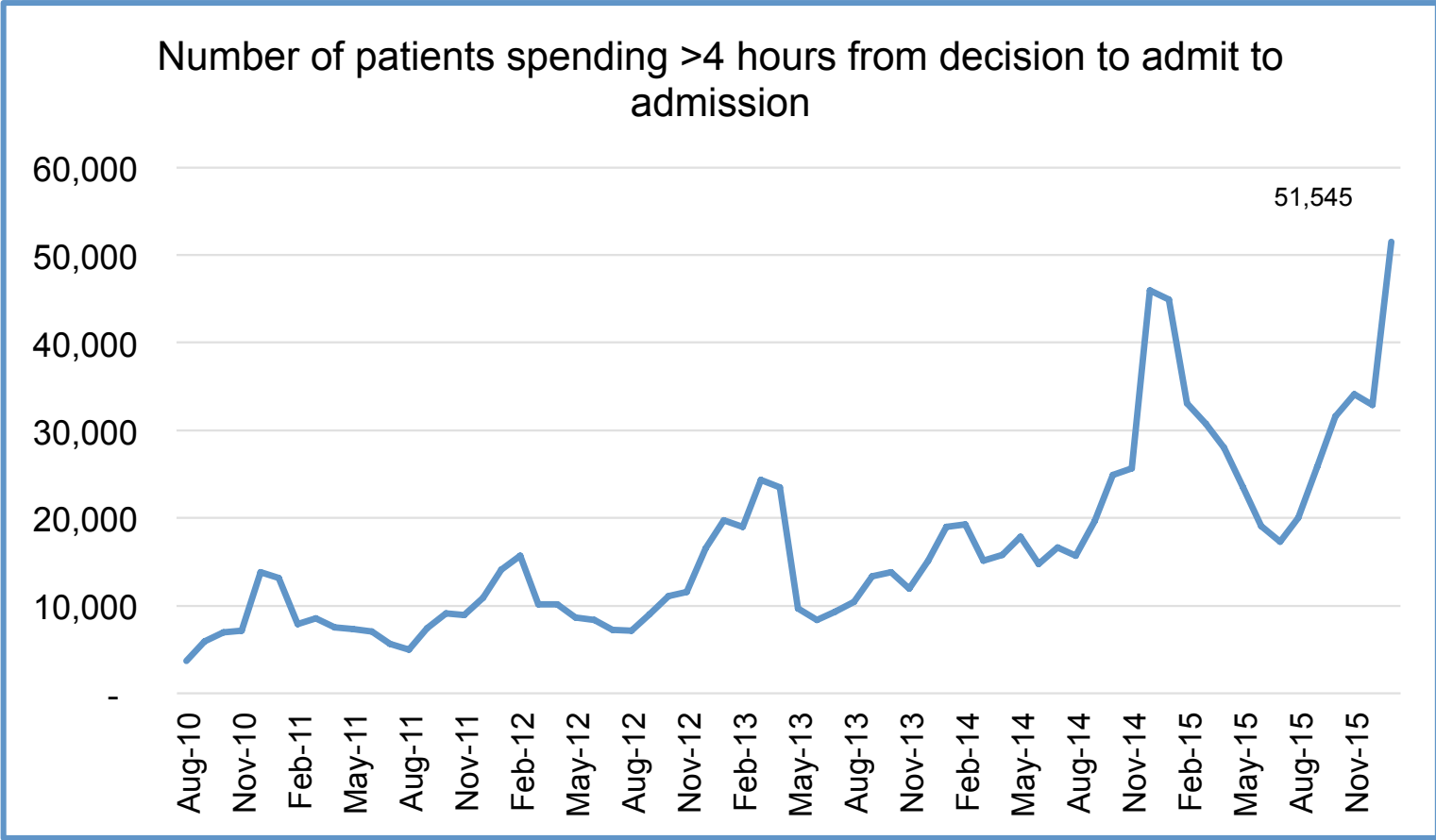
- NHS England 2016





# Combined performance data

- NHS England 2016

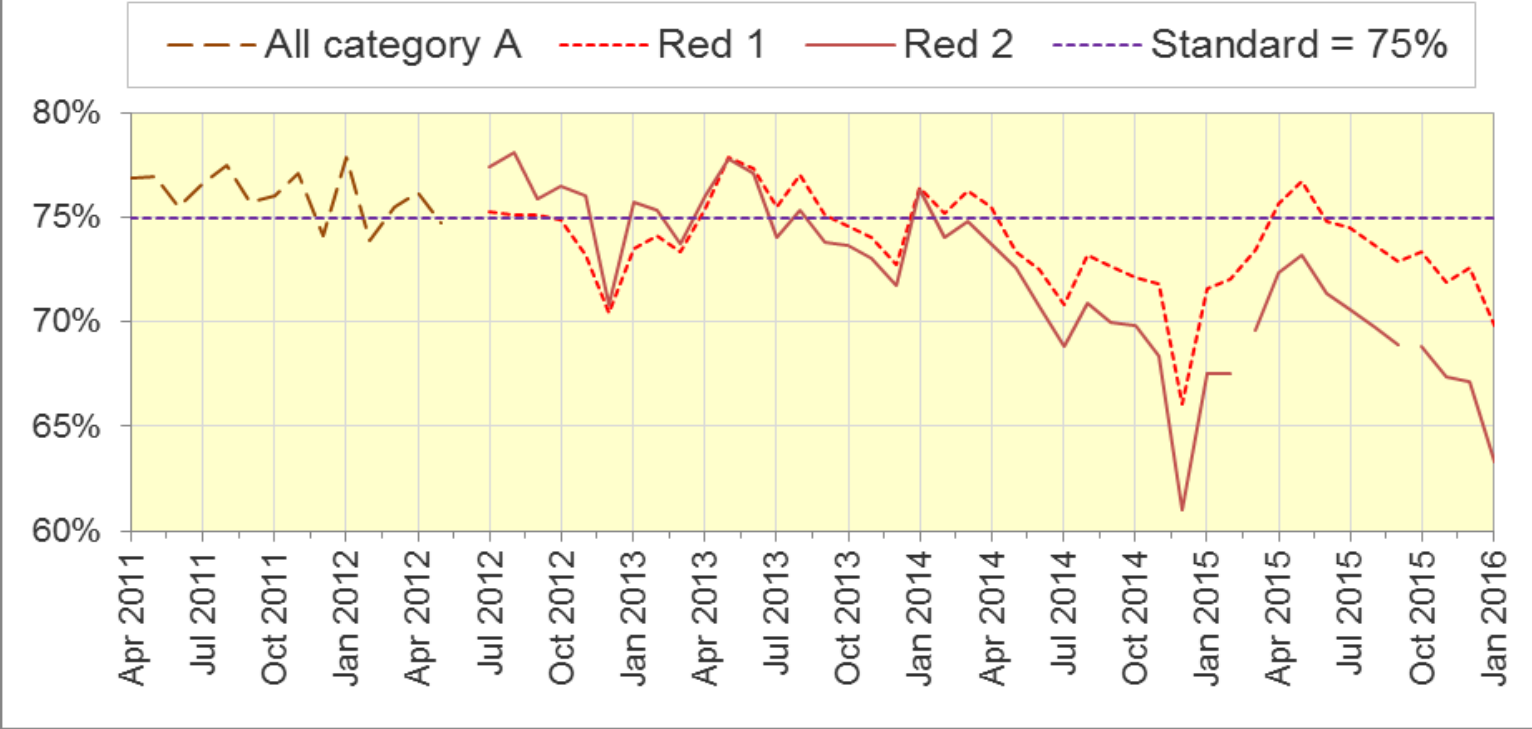




# Emergency call response

- NHS England 2016

**Figure 1: Category A emergency response within 8 minutes**  
as a percentage of all calls resulting in an emergency response







## Challenges for health caterers

---

- Tension between high standards and austerity
- Tension between central procurement and local sustainability
- Reputational for NHS and the profession
- Health, well-being and sustainability
- Professional development/health care chefs training



# Hospital food standards panel

---

- Required food standards
- NHS hospitals to develop and maintain a food and drinks strategy
- NHS England to recognise importance of hospital food as a contribution to well-being
- Required standards to be monitored by annual patient-led assessments of care environment (PLACE)



# Hospital food standards

---

- Hospital performance measurements
- Protected mealtime arrangements/mealtimes matters
- What patients can expect
  - nutritious, tasty and appetising food
  - choice from varied menu
  - Access to fresh water
  - help to eat and enjoy meals



## PLACE-2015

---

- Food and hydration overall – 88.49%
- Organisational food assessment national average – 87.21%
- Ward based food assessment – 89.27%

(Patient-Led assessments of the care environment)





# Conclusions

---

- Any Questions?

